



# Mandeville Karate News Letter

985-626-7608

Week of 11-6-2002

[www.jumpkick.com](http://www.jumpkick.com)

## *Notes and Extra Events*

Thursday, November 7<sup>th</sup>: Weapons Class (Bo), yellow Belts and Higher, 6-7pm – FREE  
Friday, November 8<sup>th</sup>: OPEN GYM, 7-9pm, \$5  
Thursday, November 14<sup>th</sup>: Weapons Class (Tunfa / Sai / Nunchaku), Blue Belts and Higher, 6-7pm – FREE  
Friday, November 15<sup>th</sup>: OPEN GYM, 7-9pm, \$5  
Thursday, November 21<sup>st</sup>: Weapons Class (Bo), yellow Belts and Higher, 6-7pm – FREE  
Friday, November 22<sup>nd</sup>: OPEN GYM, 7-9pm, \$5  
**Wednesday, November 27<sup>th</sup>: Monthly Belt Test, 7-9pm, testing by invitation, spectators welcome – NO CLASSES**  
Wednesday, November 27<sup>th</sup>: **CLOSED, Happy Thanksgiving Eve**  
Thursday, November 21<sup>st</sup>: **CLOSED, Happy Thanksgiving**  
Friday, November 22<sup>nd</sup>: **CLOSED, Happy Post Thanksgiving**

### **Weapons Class, blue belts and higher**

**This Saturday, November 9<sup>th</sup>: 9:30 am – 11 am      Cost: \$5**

Mr. Dan Rupert, from the Heilman Dojo in Reading, PA, will be at our dojo this Saturday to work various weapons techniques and forms including Bo, Tunfa, Sai, Nunchaku, and Tekkos.

### **Black Belt “wanna be” workout.**

**This Saturday, November 9<sup>th</sup>: 8am – 9:30am      (no cost)**

All brown belts are invited to a “special workout” to help prepare for the attitude, technique and stamina that will be necessary to successfully pass a black belt test. Bring/wear running shoes.

**Black Belt are welcome to join in the fun.....**