

Mandeville Karate

News Letter

985-626-7608

Week of July 8th, 2002

Extra Events

Thursday,	July 11 th :	Weapons Class (tunfa/sai), Black and Browns, 6-7pm
Friday,	July 12 th :	OPEN GYM, 7-9pm, \$5
Thursday,	July 18 th :	Weapons Class (Bo), Yellow belts and above, 6-7pm
Friday,	July 19 th :	OPEN GYM, 7-9pm, \$5
Wednesday,	July 24 th :	Teen Intermediates need to attend today's 7:00 or 8:00pm class, No Teen class (7-8) tomorrow.
Thursday,	July 25th:	Monthly Belt Test, 6-8pm, testing by invitation, spectators welcome (teens will make up on Wednesday)
Friday,	July 26 th :	OPEN GYM, 7-9pm, \$5

New email address: jdupaquier@jumpkick.com (I got tired of the junk mail)
Web Page updated: www.jumpkick.com

Black Belt Promotions

On June 26th in Ruston on Louisiana Tech University Campus, 5 of our students went in front of a state wide review board for a 4 ½ hour test headed by 8th degree black belt, Dr David Jordan.

- Travis Bush was promoted to 3rd degree black belt.
- Katy Hoogerwerf was promoted to 2nd degree black belt.
- Sandy Cheung was promoted to 2nd degree black belt.
- Gabrielle Garner was promoted to 2nd degree black belt.
- Steve Fischer was promoted to 1st degree black belt.



Karate Kamp #2

July 15th – 19th 9 a.m. – 3 p.m.

Activities Include:

- One on One Self-Defense
- Endurance Drills
- Strength Training
- Leadership Building
- Self-Defense Against Knife
- Language Arts (prep for next school year)
- Math (prep for next school year)
- Rollerblading
- Swimming/Trailhead
- Arts & Crafts, Games and more



Ready to rollerblade

Eric Guin breaks his board

See more pictures of the June Kamp:
<http://jumpkick.com/news.htm>



- New and Experienced Students Welcome
- 8:1 student teacher ratio
- Spaces are Limited - CALL TODAY !

\$ 125 for the week