

Pre-World

# Weapon Seminars

Presented By IKKF Instructors C. Bruce Heilman, Ann-Marie Heilman, Dan Rupert  
at the Mandeville Karate Training Center

July 27<sup>th</sup> & 28<sup>th</sup>

## Teen and Adult - Blue Belts and up

Beginning Bo  
Beginning Tunfa  
Beginning Sai  
Beginning Nunchaku

Advanced Bo  
Advanced Tunfa  
Advanced Sai  
Advanced Nunchaku  
Advanced Kama  
Advanced Eiku



Hanshi C. Bruce Heilman, 9th Dan Karate,  
9th Dan Kobudo, 3rd Dan Ju-Jitsu

Saturday, 3:00 – 6:00 pm

Sunday, 9:00am – 1:00pm



Ann-Marie Heilman, 8<sup>th</sup> Dan

## Youth - Yellow Belts and up

Beginning Bo  
Beginning Tunfa

Advanced Bo  
Advanced Tunfa

Saturday 2:00 – 3:00pm



Dan Rupert, 5<sup>th</sup> Dan

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Name: \_\_\_\_\_ Age: \_\_\_\_\_ Rank: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ zip: \_\_\_\_\_

Instructor: \_\_\_\_\_ Dojo: \_\_\_\_\_

### CHECK ONE:

- Adult/Teen both days \_\_\_\_\_ \$50
- Adult/Teen Saturday \_\_\_\_\_ \$30
- Adult/Teen Sunday \_\_\_\_\_ \$30
- Youth (Sat 2-3) \_\_\_\_\_ \$15

Make checks payable to: Joe Dupaquier  
Mail to: 2050 Spartan Drive  
Mandeville, LA 70448

**Call 985-626-7608 for more info**